Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Happy :)

C2 – listening

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| --- |
| 1. Are the American, the happiest people on earth?  (Yes/no question) |
|  |
| 2. Is the study of happiness as old as the study of depression?  (Yes/no question) |
|  |
| 3. Is happiness at all determined by genetic?  (Yes/no question) |
|  |
| 4. What percentage of one’s happiness is related to the actions he or she chooses to do?  (Information question) |
|  |
| 5. Are the people who live in their comfort zone the happiest? Explain.  (Yes/no question + Explain) |
|  |
| 6. What is dopamine and what is its role?  (Information question) |
|  |
| 7. What is the best activity to do to have your brain release dopamine?  (Information question) |
|  |
| 8. What is “flow”? Explain.  (Information question + Explain) |
|  |
| 9. What accident changed the life of Melissa Moody?  (Information question) |
|  |
| 10. Are income and happiness variables that vary the same way?  (Yes/no question) |
|  |
| 11. What is the key to Roy Blanchard’s happiness?  (Information question) |
|  |
| 12. Name two extrinsic goals. |
|  |
| 13. What does “intrinsic” mean? Explain.  (Information question + Explain) |
|  |
| 14. In Japan, a new word has been added to the Japanese lexicon: “karoshi.” This word’s meaning relates to those working themselves to death. What does this new word tell about the current Japanese working culture? Explain.  (Information question + Explain) |
|  |
| 15. In Denmark, is healthcare free?  (Yes/no question) |
|  |
| 16. In cohousing communities, in Denmark, may families live together and share the chores and benefits. What is the children’s opinion about this type of living?  (Information question) |
|  |
| 17. In Okinawa, what is the key to longevity?  (Information question) |
|  |
| 18. Why does it mean when the specialist says: “we are social creatures.” Explain.  (Information question + Explain) |
|  |
| 19. How do the Bushmen react when someone is sick? How is this a possible reason explaining the happiness of the community (use what has been previously explained) ?  (Information question + Information question) |
|  |
| 20. What can change the brain?  (Information question) |
|  |

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Happy :)

C3 – writing

Now that you have watched the documentary, you must write…

* Three paragraphs of between 75 and 100 words each.
* Use simple past only.
* Respect this structure:
  + par1. Element 1 + 1 example + some explanations
  + par2. Element 2 + 1 example + some explanations
  + par3. Element 3 + 1 example + some explanations
* I have already done (most of) the introduction for you.
* Use lined paper to make a rough draft.
* Write your own title

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Happy is a documentary that aims at helping people figure out how to be happy. It compares and contrasts different ways of living in different countries and how people feel satisfied with their lives. The American dream is apparently not the best recipe for happiness. Western communities have a lot to work on if they want to achieve the same levels of happiness some Eastern countries have already attained. Before I watched this video, I thought happiness was related to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and I was wrong.

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| First, I thought happiness had to do with |
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Happy - Evaluation rubric

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| --- | --- | --- | --- | --- | --- |
|  | A | B | C | D | E |
| C3  Student correctly uses language conventions.  -Simple Past  -Capital letters  -Plural nouns  -Sentence structures  -Agreement | 0-4 | 5-9 | 10-16 | 17-25 | More than 25 mistakes. |
| C2  Student formulates responses that are clearly linked to texts. | Each paragraph includes one very pertinent example that is true to the documentary. | Each paragraph includes one pertinent example that is true to the documentary. | 2 out of 3 paragraphs include one pertinent example that is true to the documentary. | Only one out of 3 paragraphs include one pertinent example that is true to the documentary. | Neither paragraphs include an example that would be true to the documentary. |